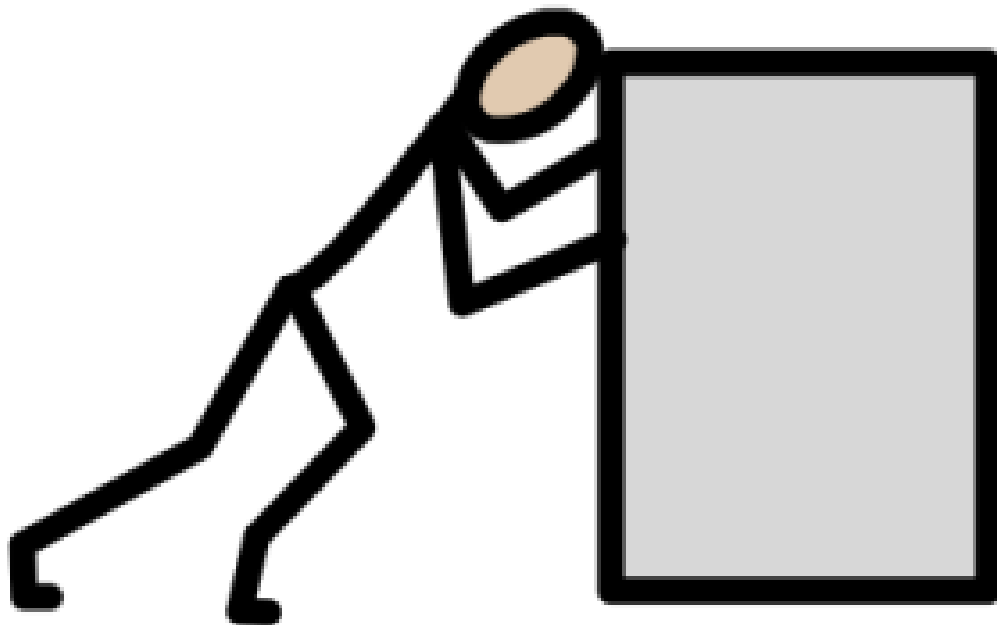


Calming Activity



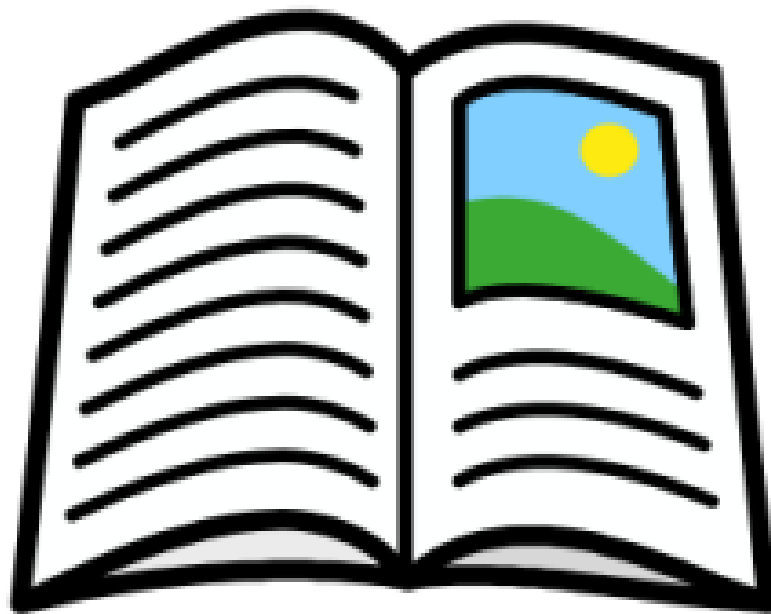
Wall push ups

Calming Activity



Hand/foot massage

Calming Activity



Weighted blanket and story

Calming Activity



Yoga